

Assumptions You Can Trust series week 1 – “Our Bodies”

*But as for you, continue in what you have learned and have become convinced of, because you know those from whom you learned it, and how from infancy you have known the Holy Scriptures, which are able to make you wise for salvation through faith in Christ Jesus. All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work. **2 Timothy 3:14-17 NIV***

*The sum of thy word is truth, and every righteous judgment of thine is for ever. **Psalms 119:160 DARBY***

- 4. We were created in God's image.**
- 5. Original sin brought death, sorrow, sickness and all kinds of ills into the world.**
- 6. God created us male and female.**

*But mark this: There will be terrible times in the last days. People will be lovers of themselves, lovers of money, boastful, proud, abusive, disobedient to their parents, ungrateful, unholy, without love, unforgiving, slanderous, without self-control, brutal, not lovers of the good, treacherous, rash, conceited, lovers of pleasure rather than lovers of God— having a form of godliness but denying its power. Have nothing to do with such people. **2 Timothy 3:1-5 NIV***

*Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will. **Romans 12:2 NIV***

For we know that when this earthly tent we live in is taken down (that is, when we die and leave this earthly body), we will have a house in heaven, an eternal body made for us by God himself and not by human hands. We grow weary in our present bodies, and we long to put on our heavenly bodies like new clothing. For we will put on heavenly bodies; we will not be spirits without bodies. While we live in

these earthly bodies, we groan and sigh, but it's not that we want to die and get rid of these bodies that clothe us. Rather, we want to put on our new bodies so that these dying bodies will be swallowed up by life. God himself has prepared us for this, and as a guarantee he has given us his Holy Spirit. **2 Corinthians 5:1-5 NLT**

What a God we have! And how fortunate we are to have him, this Father of our Master Jesus! Because Jesus was raised from the dead, we've been given a brand-new life and have everything to live for, including a future in heaven—and the future starts now! God is keeping careful watch over us and the future. The Day is coming when you'll have it all—life healed and whole. **1 Peter 1:3-5 MSG**

“Teacher, which is the most important commandment in the law of Moses?” Jesus replied, “‘You must love the Lord your God with all your heart, all your soul, and all your mind.’ This is the first and greatest commandment. A second is equally important: ‘Love your neighbor as yourself.’ The entire law and all the demands of the prophets are based on these two commandments.” **Matthew 22:36-40 NLT**

Talk It Over

> Is there something in your body that you would like prayer for healing from? Sickness, disease, whatever it may be? Lift it up in prayer to the Lord, and also ask another believer to pray for you. The prayers of a righteous person (believer) are powerful and effective. Thy kingdom come, thy will be done in earth as it is in heaven.

> Read all of 2 Corinthians chapter 5. After Paul describes this desire to be out of this body and in heaven, he describes the ministry we are called to: expressing His love to others. How do these two sections fit together? Does either portion resonate with you? Are you longing for heaven? Are you desiring to share the love of Jesus now?